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| HEALTH AND WELLBEING BOARD | AGENDA ITEM No. 8 |
| 25 FEBRUARY 2020 | PUBLIC REPORT |

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| Report of: | Director of Public Health | | |
| Cabinet Member(s) responsible: | Councillor Wayne Fitzgerald, Cabinet Member for Adult Social Care, Health and Public Health | | |
| Contact Officer(s): | Dr Liz Robin, Director of Public Health | Tel. | 01733 207176 |

PETERBOROUGH ANNUAL PUBLIC HEALTH REPORT (2019)

| R E C O M M E N D A T I O N S | |
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| FROM: Director of Public Health | Deadline date: |
| <p>It is recommended that the Health and Wellbeing Board:</p> <ol style="list-style-type: none"> 1. Discusses and comments on the information outlined in the Annual Public Health Report 2018 2. Considers any recommendations the Committee may wish to make based on the content of the Report | |

1. ORIGIN OF REPORT

1.1 This report is submitted to the Health and Wellbeing Board following a request from the Director of Public Health

2. PURPOSE AND REASON FOR REPORT

2.1 The purpose of this report is to present the Peterborough Annual Public Health Report 2019 to the Health and Wellbeing Board for consideration of the Report's findings.

2.2 This report is for the Health and Wellbeing Board to consider under its Terms of Reference No. 2.8.3.5

To consider the recommendations of the Director of Public Health in their Annual Public Health report.

2.3 This report links to the Children in Care Pledge to children we take into our care 'to help encourage you to be healthy'

3. TIMESCALES

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| Is this a Major Policy Item/Statutory Plan? | NO | If yes, date for Cabinet meeting | |
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4. BACKGROUND AND KEY ISSUES

4.1 The Health and Social Care Act (2012) includes a requirement for Directors of Public Health to prepare an independent Annual Public Health Report (APHR) on the health of local people.

4.2 The previous APHR (2018) focussed on two specific themes:

- Achieving the 'Best start in life' for babies and young children in Peterborough, and reviewing some key factors which affect health and development up to the age of five.
- The international Global Burden of Disease study (GBD), which for the first time (funded by Public Health England) had provided an analysis of health and disease at English local authority level. The GBD emphasised the importance of smoking as an ongoing cause of premature deaths, and the importance of poor diet and high body mass index as a cause of both premature deaths and of disabling health conditions, with associated use of health and care services.

4.3 The APHR (2018) identified the following findings for review going forward:

Issues identified in the Section of the Report on 'Health in the Early Years', which are known to perpetuate inequalities in health and other outcomes across generations. These include:

- High rates of teenage pregnancy in Peterborough
- Higher than average rates of smoking in pregnancy
- Low rates of school readiness at age five

The findings of the Global Burden of Disease Study that for Peterborough residents:

- More than one in six years of life lost to premature death is the result of smoking (17.5%)
- More than one in seven years of life lost is the result of dietary factors ((13.5%)
- High blood pressure (11.5%) and drug/alcohol use (10%) each account for over one in ten years of life lost.

There has been improvement in the teenage pregnancy rate in Peterborough, with the most recent figures (2017) having fallen to a level similar to the national average. Rates of school readiness at age five have also improved although still below the national average.

4.4 This year's APHR 2019 (Annex A) focusses on the following issues

- The new Index of Deprivation IoD (2019), which reviews the social, economic and environmental circumstances of communities across England, and has just been updated for the first time in four years. The IoD (2019) scores a range of indicators for all geographical areas in England, to provide a deprivation ranking from the most to the least deprived. Because there is a very close relationship between social and economic deprivation and poor health, information in the IoD (2019) is key to understanding the health and wellbeing of Cambridgeshire residents.
- An update on recent trends in the lifestyles and health behaviours of local residents, which are likely to impact on future health and wellbeing, including those areas identified for review in 2018.
- A brief review of key health outcomes, with a focus on mental health and life expectancy.

4.5 The APHR 2019 identifies the following issues for ongoing review:

- The overall Index of Deprivation (2019) for Peterborough highlights a number of challenges in the wider social and environmental factors which affect health and wellbeing. Education/skills and crime are both highlighted as areas of particular concern. There has been an increase in homeless households placed in temporary accommodation and in rough sleepers in recent years, which is a national as well as a local issue.
- While there was an improvement in the school readiness of Peterborough's children in the 2017/18 school year, this remains significantly below the national average. The early development of children and their confidence and readiness to start school is key to their

future life chances and outcomes. This issue will have ongoing focus and review through our multi-agency 'Best Start in Life' programme.

- Other issues of concern for children and young people highlighted in this year's report include a fall in uptake of childhood immunisations seen in 2017/18. Young people's mental health is still of concern, with local hospital admission rates for self-harm among 10-24 year olds remaining higher than the national average, although there has been some improvement.
- The percentage of adults who smoke and who are overweight or obese are both higher than the national average in Peterborough, and if not addressed, this will lead to higher rates of cardiovascular disease (heart disease and stroke), diabetes and some cancers in our population. Rates of preventable deaths from cardiovascular disease in Peterborough are significantly above the national average, with a high level of local inequality between our most and least deprived communities.
- Overall, the wide diversity and range of social and economic factors within the Peterborough City Council area highlight the need for public services to focus on place-based approaches, working with local communities. This will be taken forward through Peterborough's 'Think Communities' approach, which has sign up from a range of local organisations.

5. CONSULTATION

- 5.1 The Annual Public Health Report is an independent report, with a focus on providing information about the main health issues and trends in Peterborough. Therefore it is not subject to consultation.

6. ANTICIPATED OUTCOMES OR IMPACT

- 6.1 The anticipated outcome of this Report is that the information on health related issues and trends provided in the Report, together with the recommendations at the end of the Report, will influence relevant decisions made by the Health and Wellbeing Board and its member organisations, and will be useful for community groups and voluntary organisations with an interest in health and wellbeing.

7. REASON FOR THE RECOMMENDATION

- 7.1 The Annual Public Health Report gives context for the wider work of the Health and Wellbeing Board, by providing information on the health issues in Peterborough which local NHS and Council services are working to address.

8. ALTERNATIVE OPTIONS CONSIDERED

- 8.1 The alternative option would be for the Health and Wellbeing Board not to review the findings of the Annual Public Health Report 2019. This would be a missed opportunity to ensure that updated information about the determinants of health, and trends in key health related behaviours and outcomes in Peterborough could be considered by the Board.

9. IMPLICATIONS

Financial Implications

- 9.1 The Annual Public Health Report is a statutory report on the Health of the Population and does not have specific financial implications.

Legal Implications

- 9.2 Under the Health and Social Care Act (2012) the Director of Public Health has a statutory duty to produce an annual report on the health of the population and the City Council has a duty to

publish it

Equalities Implications

9.3 Many of the issues described in the report have an impact on health inequalities in Peterborough

10. BACKGROUND DOCUMENTS

Used to prepare this report, in accordance with the Local Government (Access to Information) Act 1985

10.1 Peterborough Annual Public Health Report (2018)
<http://cambridgeshireinsight.org.uk/health/aphr>

11. APPENDICES

11.1 Peterborough Annual Public Health Report 2019